

PRE-TEACHER TRAINING CHECKLIST

TASK	NOTES/REFLECTION
<input type="checkbox"/> Build My Support System	
<input type="checkbox"/> Visit My Program	
<input type="checkbox"/> Talk to YTT Grads	
<input type="checkbox"/> Study the Scriptures	
<input type="checkbox"/> Manage My Time	
<input type="checkbox"/> Practice Yoga	
<input type="checkbox"/> Start a Journal	
<input type="checkbox"/> Take a Picture	
<input type="checkbox"/> Prepare for Shifts	
<input type="checkbox"/> Take a Yogamoon	